



## MECHWI Meeting Minutes Nov 28, 2023

**Purpose reviewed:** Share information with and gather input from CHWs and allies.

1. **Review Outcomes-** (Bridgette) 5 minutes
  - Committee updates/invite to join, Food Council, Food banks.
2. **Introductions -** (Ben) 10 minutes
  - Breakout rooms for smaller group introductions.
3. **Advisory Council Updates-** (Kelsy) 10 minutes
  - **Kelsey and Betty were not available, Bridgette and Ben shared some facts from the last Advisory meeting.**
    - i. **Strategic Planning Committees and structure is being defined.**
    - ii. **Work on the Summit is being done by a separate group, Save the date of April 23<sup>rd</sup> will be coming out soon.**
4. **Committees (Bridgette)-**10 minutes
  - **Committees will be ready to take on Initiative members in the new year. Watch for newsletters and emails.**
  - **A description of each group will be sent along with these minutes.**
  - **Ben shared the survey again in case anyone is interested in joining a group.**
5. **Peer Support Group Update-** (Bridgette & Axels) 5 minutes
  - **The peer group went well for the first time. 11 people joined.**
  - **Group norms were created.**
  - **People shared why they thought it was important to be there.**
  - **People shared what they hoped to get from the group.**
6. **Darcy Cooke, State Coordinator for the Maine Network of Community Food Councils-** 20 minutes
  - **Darcey shared some great information about food councils and networks.**
  - **How to join or become a food council**
  - **Listen to the recording to hear the full discussion.**
7. **Bruce Bottiglierie, Director of Winslow Community Cupboard/Trailers-** 20 minutes

- **Bruce was unable to attend.**
  - **Bridgette shared the work happening at the Winslow Community Cupboard**
  - **Listen to the recording to hear the full description.**
8. **CHW Access Act** (Ben)
- **Ben shared how they have been working on a description of a CHW and looking to finalize.**
  - **Ben will bring to the advisory committee to assist.**
9. **Wrap up** (Bridgette) 5 minutes.

**Upcoming Meetings:**

- **Next Monthly Meeting- Dec. Cancelled**  
**Jan. 23<sup>rd</sup> 1:30-3pm**